

Massage

Swedish

Relieve muscle tension and promote relaxation with our Swedish Massage. Indulgent and utterly relaxing, this massage stimulates circulation and soothes tension in the muscles. Customized so you enjoy the bodywork that's right for you.

Spa Room 50 minute \$85 80 minute \$125

In Guest Room - Must be a Suite

50 minute \$115 80 minute \$145

Deep Tissue

Feel the need for a deep massage? Put yourself in our expert therapists hands for a deep tissue massage experience that provides the best therapeutic modalities for releasing deep muscle layers.

Spa Room 50 minute \$95 80 minute \$140

In Guest Room - Must be a Suite

50 minute \$125 80 minute \$160

Chair Massage

For those who just need a quick fix. Gets the blood flowing and tension released for the back, neck and shoulder areas.

15 minute \$30

Specialty Massages

Hot Stone 50 minute \$115 80 minute \$150

Using hot stones, feel the tension in your muscles melt away. Employing techniques that have soothed the body for centuries. Experience total relaxation. (Prep time is needed for this massage).

Aromatherapy 25 minute \$70 50 minute \$105

Enjoy an all-natural, sense-indulgence escape from the everyday world. This fragrant treatment will strengthen the immune system and contribute to the equilibrium of mind, body and spirit.

Mommy-to-be 25 minute \$70 50 minute \$100

Ease your aching muscles and give yourself a treat. Tailored specifically to the need of pregnant women and their changing bodies. (After first trimester).

Time Out 50 minute \$115 80 minute \$145

This massage incorporates Hot Stones, warm scented oils, Swedish and Deep Tissue techniques for the ultimate journey in relaxation. (Prep time needed).

Pampered Foot 20 minute \$40 Add Parafin \$10

Every aspect of wellness is connected from head to toe. This relaxing foot and leg massage relieves tension, soothes your aches and puts spring back in your step

On the Spot 25 minute \$65

Designed to concentrate on those "problem areas" where you are hurting the most. With customized pressure from light to deep for the ultimate cure.

Twice as Nice 50 minute \$160

This astonishing four-hand massage is provided by two therapists working in complete harmony. While one therapist focuses on the upper body, the other concentrates solely on the lower body. This massage gives you twice as much relaxation for the ultimate experience.

Body Treatment Wraps

\$120

Combine with any massage for a \$20 savings

Cellulite Body Wrap

Firms, tones, stimulates the skin and diminishes the appearance of cellulite. This wrap increases circulation from the exfoliation which results in smooth, glowing skin.

Aromatherapy Wrap

Let your senses take over as you lose yourself in this soothing wrap. Your arid skin will melt away, as it is exfoliated and moisturized to a feeling that is smooth and silky to the touch.

Seaweed & French Clay Mud Wrap

Bash in a velvety layer of rare natural salts and minerals. This luxurious formula cleanses and draws out toxins while it improves the flow of nutrients to the skin's surface. It will make you feel renewed.

Vitamin C Firm & Tone Wrap

Give yourself a boost with this relaxing treatment. With the use of Vitamin C you will achieve maximum improvement in texture, firmness and hydration.

Conditioning Body Scrubs

Treat yourself to a scrub that leaves you feeling soft and silky smooth.

Choose from a variety of scrubs with natural ingredients to accommodate sensitive, normal or dry skin.

Dead Sea Salt Glow.....\$100

Journey to the banks of the Dead Sea for a truly invigorating and moisturizing body treatment. Salts and fragrant oils stimulate circulation and soften heels, elbows and any other dry areas. Your glowing new skin will thank you.

Mango Sugar Glow.....\$100

This conditioning body scrub makes your skin radiant and is an excellent moisturizer for sensitive skin.

Island Paradise.....\$105

Feed your skin the benefits of this scrub. It includes vitamins and natural antioxidants reminiscent of the tropics, using pineapple and coconut oil. Your skin will be in paradise.

Pomegranate Lime Body Sugar Scrub.....\$100

Experience purity with this refreshing scrub that will captivate your senses with the embrace of sweet fragrance. It gently exfoliates while restoring minerals and moisture leaving our body smooth and radiant.

Jasmine Juice Body Scrub.....\$100

Exfoliate your body with these natural extracts and nourishing ingredients designed to give skin a hydrating drink of moisture.

Spa Packages

by Appointment Only

Bridal /Prom Package (3 hours) \$145

- ❖ Updo-Style
- ❖ Manicure
- ❖ Pedicure
- ❖ Make-up Application

Just a Hint (1 1/2 hours) \$180

- ❖ 25 minute On The Spot Massage
- ❖ Mini Facial
- ❖ Manicure

You Don't Say (2 hours) \$175

- ❖ 50 minute Time Out Massage
- ❖ Pamper Foot or Manicure
- ❖ Mini Facial

Take Me Away (5 hours) \$225

- ❖ 50 minute Swedish Massage
- ❖ Full Facial
- ❖ Spa Pedicure
- ❖ Manicure
- ❖ Poolside Lunch

Just for Two (3 1/2 hours) \$300

- ❖ 50 minute Massage
- ❖ 2 Pedicures
- ❖ 2 Manicures
- ❖ Poolside Lunch

The Man in My Life (2 1/2 hours) \$170

- ❖ 50 minute Deep Tissue Massage
- ❖ Gentleman's Manicure
- ❖ Gentleman's Pedicure
- ❖ Mini Facial